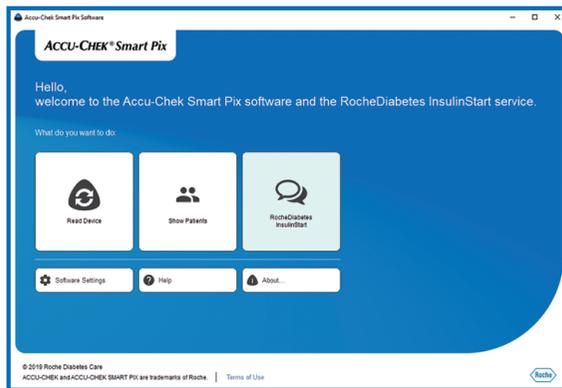


## Quick Start Guide

1 Open the Accu-Chek Smart Pix software.

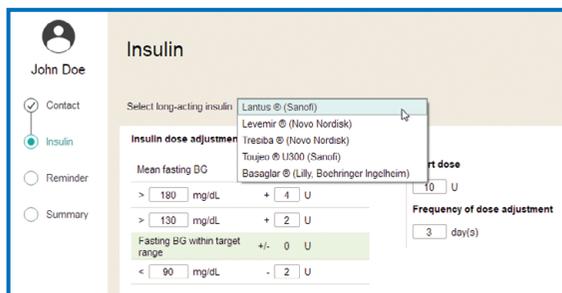


2 Select “RocheDiabetes InsulinStart”.

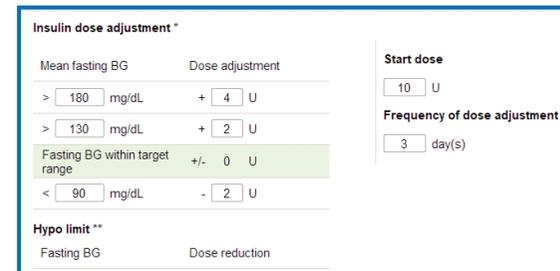
3 Enter patient's name and mobile phone number.

4 Send test SMS to patient.

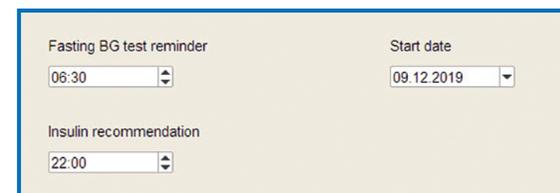
5 Select long-acting insulin.



6 If necessary, adjust the insulin dose adjustment settings.



7 Set test time, injection time and start date.



8 Start service.

Masculine forms only are used throughout the text for convenience. They stand for all persons regardless of gender.



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## RocheDiabetes InsulinStart Service

### Getting your patient started on long-acting insulin therapy

The RocheDiabetes InsulinStart service supports you and your patient during the start on long-acting insulin therapy. The service can help your patient to adjust the long-acting insulin dose independently until blood glucose levels are within the individual target range.

This helps to prevent additional visits to the practice.



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## Summary

The RocheDiabetes InsulinStart service is designed to help your patient to identify the right amount of once-daily, long-acting insulin. The service sends two SMS messages to the patient every day, one in the morning and one in the evening.

- The SMS in the morning reminds the patient to test blood glucose before breakfast.
- The SMS in the evening recommends the amount of insulin the patient should inject.
- The patient replies by sending the blood glucose result or the amount of insulin injected.
- The service continuously adjusts the recommended amount of insulin to inject based on these values.
- The service ends automatically once the blood glucose results are stable within the target range.

Patients need to have a mobile phone and know how to send and receive SMS messages in order to use the RocheDiabetes InsulinStart service.

The service is intended for patients with type 2 diabetes mellitus, who are at least 21 years of age.

An add-on in the Accu-Chek Smart Pix software allows you to set up the RocheDiabetes InsulinStart service for your patients. The service supports most long-acting insulins. It follows the rules recommended by insulin manufacturers.

To enroll a patient to the RocheDiabetes InsulinStart service:

- Enter the patient's mobile phone number.
- Select the appropriate insulin.
- Configure the adjustment settings, if needed.
- Start the service.

The patient receives a welcome SMS and can now activate the service.

You can view the blood glucose results and the amounts of insulin injected at any time during the insulin adjustment phase. This means you track the insulin adjustment status at all times.

When the service ends the Accu-Chek SmartPix software will provide a report on the insulin adjustment history.

## PRECAUTION

### **Risk of temporary physical impairment to patient, such as hypoglycemia.**

- **The patient must be eligible for the RocheDiabetes InsulinStart service.**

The RocheDiabetes InsulinStart service is designed for patients taking oral antidiabetic agents and injecting once-daily, long-acting insulin.

- **The patient must be familiar with long-acting insulin adjustment.**

The RocheDiabetes InsulinStart service does not replace the need for you to train the patient in how long-acting insulin adjustment works.

- **The insulin adjustment profile must match the patient's needs.**

Set the type of insulin, values for insulin start dose, target range and hypo limit for fasting BG and associated dose adjustments that match the patient's needs.

- **The patient must receive the SMS.**

Send a test SMS to the patient while you are setting up the RocheDiabetes InsulinStart service and the patient is present.

